

# Advent Program 2012– Year C

## Promise of Jesus

### **Notes for Sessions Group Leaders**

- This Advent Program consists of the four A4 folded sheets of reflections based on the Gospel for each Sunday of Advent.
- These reflection sheets can be used for individual reflection or with groups.
- Group sessions would be between 45-60 minutes with time for refreshments and socializing.
- It is suggested that there be no more than 12 people in a group. This would allow for maximum participation by everyone.
- You will need to create a prayer focus for each session. Suggestions for these prayer focuses are included in the program.
- Participants will need a Bible or Missal for each session.
- The Gospel readings for each Sunday are proclaimed during the meeting. **In order to get the most out of this program, each participant requires a copy of the full Sunday readings.**
- Reflection group responses (music) can be used during reflection group sessions, wherever the group leader decides.
- Reflection questions are suggestions only.
- It would be appropriate to distribute the session notes prior to each meeting to enable participants to be prepared for the discussion.
- The material has been produced so that it can be easily photocopied. Permission is given for photocopying for non-commercial use.
- The reflection leaflets could also be handed to people each Sunday of Advent for personal reflection
- The included Gospel Readings are taken from the Good News Bible.

