

Be My Witness Reflection

Invite participants to take a bag and open it and hold each symbol as we reflect together – feel it, smell it, roll it around in your hands – or just look through the bag.

Rock - Isaiah 26:4

Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal.

A rock is enduring, doesn't break down, makes a good foundation.

- When have you been a rock for the students and staff around you?
- When have you provided stability, strength, security?

Salt – Matthew 5:13

You are the salt of the earth.

This salt is harvested from the Beagle Bay salt marsh with permission from one of the elders and can be a reminder that the things we most need are sometimes close by.

Salt is used to preserve, to cleanse or heal, and to add flavour.

- Think of a time when you have been able to preserve, or help “hold together” someone's fragmented experience....
- When or how can you bring healing to people around you?
- In what ways can you bring flavour, or clarity and meaning to a student's experience?

Fishing Net- Matthew 4:19

I will make you fishers of men.

A net draws in a catch. Sometimes we need to throw it out again and again before it brings something in. After the Jesus encouraged his disciples to throw the net out yet again even though they had been fishing all night and caught nothing.

- When have you drawn a student in to the school community through your caring?
- How can you really catch a student's attention or interest and engaged them learning?

Candle- *Philippians 2:15*

You shine as lights in the world.

Light is a symbol of hope in dark or challenging times.

Light helps us to see the way forward when we are uncertain of what path to

- When have you been a source of light and offered hope to a student or staff member here?
- How can you help someone to see the way forward?

Seeds (mention forgot to put on card) - *Matthew 13:31-32*

The kingdom of heaven is like a mustard seed that a person took and sowed in a field. It is the smallest of all the seeds, yet when full-grown it is the largest of plants.

- Recall a time you have planted an idea or an expectation in a child's mind that might change their life.
- As teachers we may never see the seeds grow, but we trust in God's work that brings it to fullness.

Hand cream – you are God's hands
(Teresa of Avila)

Invite participants to give themselves a hand massage – return to PPT for blessing of hands and images of hands.