

Reconciliation

Celebrating the Sacrament of God's love and mercy



1. Welcome

The priest will welcome you to the celebration of the sacrament.
You will make the Sign of the Cross together:

**In the name of the Father, of the Son
and of the Holy Spirit.**

The priest will invite you to place your trust in God in words
such as:

*May the Lord be in your heart
and help you to know true sorrow for your sins
and ask forgiveness of God our Father.*

Amen.

Tell the priest how long it is since you last came to Reconciliation.
If this is your first or second time of making confession, be sure to
let him know. That way you will be a great help to him.

2. The Word of God

When we celebrate the sacrament of reconciliation it is helpful to listen to the Scriptures, and be reminded of the love that God has for us — especially when we most need it.

You might have some favourite Bible stories that will remind you of this — perhaps the story of the Prodigal Son, or the story of the woman who washed Jesus' feet with her tears.

3. Confession

The priest will then invite you to confess your sins.

Do not worry if you forget things or your mind goes blank.

The priest will be ready to help you.

The priest will also reflect with you on the things you speak of, helping you to understand where you might be able to do things differently, where you need to ask God for help.

He will also offer you an act of penance, a way of showing how you wish to live a better life. This act of penance might be a prayer, doing without some good thing for a little while, or might be doing something special to help someone else.

4. Prayer of Sorrow

The priest will then invite you to make your prayer of sorrow.

This is one of the prayers the Church recommends.

O my God, I am very sorry that I have sinned against you, because you are so good, and with the help of your grace, I will not sin again.

5. Absolution

The priest will then extend his hands over your head and say the words of Absolution. In this way you receive God's forgiveness of your sins. The priest also prays for you that you will receive God's gifts of pardon and peace.

At the end of the priest's prayer you should say:

Amen.

After the Absolution the priest will speak bringing the celebration to an end in words such as:

Go in peace and proclaim to the world
the wonderful works of God, who shares with you his life.
You can respond by saying:

Amen or Thanks be to God.

