



# Reconciliation at St Mary's College

Bishop Christopher has requested that all Catholic Schools in the Kimberley allow all eligible students participate in the Rite of Reconciliation each Term. As a school we facilitate this in the following way:

1. REC negotiates a suitable time with the parish priests each Term and informs teachers involved.
2. Classroom/RE teachers prepare the students **during the week before** the allocated time by reviewing the *Rite of Reconciliation* and practise reciting the *Prayer of Sorrow*.
3. **On the day.** Prepare an area for the Rite of Reconciliation to take place. The area should be relatively private and reflective. A suggested set up is illustrated in the photo below:



4. Have copies of the Rite of Reconciliation and Examination of Conscience (attached) ready and available for the students to reflect upon prior to their opportunity for Reconciliation.
5. Allow students the reflective time after Reconciliation to complete their penance.

## Rite of Reconciliation

✠ In the name of the Father, and of the Son, and of the Holy Spirit.  
Amen

Tell Father how long it has been since your last confession.

Share your sins with Father.

*Father may talk with you about your sins and give you some advice.*

Listen to and remember your penance.

*To help you keep away from sin, Father will give you something to do.*

Pray the Prayer of Sorrow:

O my God, I am very sorry  
That I have sinned against you,  
Because you are so good, and with your help,  
I will not sin again.  
Amen

Father will give you absolution and pray with you.

You then say: *Thanks be to God.*

Do your penance.

*Remember to do your penance that Father asked you to do.*



## Examination of Conscience

Have there been days when I have not prayed?

Have I said God or Jesus' name in vain?

Instead of letting God help me to love my parents and other family members as Jesus does, have I disobeyed or been disrespectful of my parents or to those who help care for me?

Instead of being friendly towards others, like Jesus, have I called others names?

Have I let others join in games?

Have I made fun of anyone who looks different?

Instead of being kind to others when they are feeling sad, upset or left out, have I not cared for them?

Instead of respecting what belongs to others, have I stolen or not returned what is not mine?