**CONFIRMATION RETREAT**

**\_\_\_ children**

*Red italicized text indicates further information on what I might do.*

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| **TIME** | **ACTIVITY** | **RESOURCES/PREP** |
|  | **PRE-RETREAT PREP*** Prayer focus space –

*Some ideas might be a red/orange/yellow cloth/s, a dove picture, some holy water, oil, 7 candles* | * Prayer space –
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|  | **INTRODUCTION AND WELCOME*** Introduce the reason for the day.
* Go through rules for the day:

*I use these:** *Only share what you’d like to*
* *Listen to others sharing*
* *This is precious time spent with your God, so make the most of it*
* Start with simple prayer:

*By St Augustine of Hippo**Breathe in me, O Holy Spirit,**That my thoughts may all be holy.**Act in me, O Holy Spirit,**That my work, too, may be holy.**Draw my heart, O Holy Spirit,**That I love all that is holy.**Strengthen me, O Holy Spirit**To defend all that is holy.**Guard me, then, O Holy Spirit,**That I may always be holy.* *Amen.** Introduce hymn that we will be singing today and sing it.

*I like to use a hymn throughout the day as a transfer between activities and have the lyrics on a slide on the IWB. For Reconciliation I use “One Holy Spirit” by Andrew Chinn.* | * Hymn lyrics on PPT
* Hymn CD or on iTunes
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|  | **ACTIVITY ONE** |  |
|  | **ACTIVITY TWO** |  |
|  | **RECESS** |
|  | **ACTIVITY THREE** |  |
|  | **ACTIVITY FOUR** |  |
|  | **LUNCH** |
|  | **ACTIVITY FIVE***I usually do some sort of guided meditation or mindfulness activity around the sacrament after lunch.* |  |
|  | **REFLECTING ON THE DAY***I usually use a Christian mandala, meditative colouring or something similarly arty for students to spend some time quietly reflecting on their learning and their receiving of the sacrament.** Ask students to think about the day – when they felt close to God, activities that helped them with that.
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|  | **LITURGY OR PRAYER*** End the day with a simple prayer or liturgy
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