**CONFIRMATION RETREAT**

**\_\_\_ children**

*Red italicized text indicates further information on what I might do.*

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| **TIME** | **ACTIVITY** | **RESOURCES/PREP** |
|  | **PRE-RETREAT PREP**   * Prayer focus space –   *Some ideas might be a red/orange/yellow cloth/s, a dove picture, some holy water, oil, 7 candles* | * Prayer space – |
|  | **INTRODUCTION AND WELCOME**   * Introduce the reason for the day. * Go through rules for the day:   *I use these:*   * *Only share what you’d like to* * *Listen to others sharing* * *This is precious time spent with your God, so make the most of it* * Start with simple prayer:   *By St Augustine of Hippo*  *Breathe in me, O Holy Spirit,*  *That my thoughts may all be holy.*  *Act in me, O Holy Spirit,*  *That my work, too, may be holy.*  *Draw my heart, O Holy Spirit,*  *That I love all that is holy.*  *Strengthen me, O Holy Spirit*  *To defend all that is holy.*  *Guard me, then, O Holy Spirit,*  *That I may always be holy.*  *Amen.*   * Introduce hymn that we will be singing today and sing it.   *I like to use a hymn throughout the day as a transfer between activities and have the lyrics on a slide on the IWB. For Reconciliation I use “One Holy Spirit” by Andrew Chinn.* | * Hymn lyrics on PPT * Hymn CD or on iTunes |
|  | **ACTIVITY ONE** |  |
|  | **ACTIVITY TWO** |  |
|  | **RECESS** | |
|  | **ACTIVITY THREE** |  |
|  | **ACTIVITY FOUR** |  |
|  | **LUNCH** | |
|  | **ACTIVITY FIVE**  *I usually do some sort of guided meditation or mindfulness activity around the sacrament after lunch.* |  |
|  | **REFLECTING ON THE DAY**  *I usually use a Christian mandala, meditative colouring or something similarly arty for students to spend some time quietly reflecting on their learning and their receiving of the sacrament.*   * Ask students to think about the day – when they felt close to God, activities that helped them with that. |  |
|  | **LITURGY OR PRAYER**   * End the day with a simple prayer or liturgy |  |